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Monthly Zine Project
August 2024

Talking to yourself

A handful of quotes
put together
by Godai

If you see me
talking to myself,
don't be alarmed.
I'm getting expert
advice.
some meme

Talk to yourself
like you would to
someone you
love.
Brené Brown

Writing is a fine
thing, because it
combines the two
pleasures of
talking to yourself
and talking to a
crowd.

Cesare Pavese

If someone talked
to you the way
you talk to your-
self, you would
have kicked them
out of your life a
long ago.
Carla Gordan

One advantage of
talking to yourself
is that you know
at least some-
body's listening.

Franklin P. Jones

There's no harm
in talking to
yourself, but try
to avoid telling
yourself jokes
you've heard
before.
Ashleigh Brilliant