

OH, AND YOU KNOW. GO GET CHECKED. ESPECIALLY IF EVEN SITTING DOWN, YOU HAVE ANY TROUBLE

PISSING.

AND BESIDES, YOU KNOW. USE TOILET PAPER AND WIPE – IT'S GREAT FOR PREVENTING INFECTIONS. WE ALL KNOW THE SAYING "NO MATTER HOW MUCH YOU SHAKE, THE LAST DROP ENDS UP IN YOUR PANTS." IF YOU HAVE THE CHANCE, WASH – THERE'S NOT ALWAYS A BIDET HANDY, BUT A SINK WILL DO. AND DEPENDING ON THE SITUATION, IT'S SOMETIMES WORTH WASHING YOUR HANDS BEFORE AS WELL. TO AVOID THE RISK OF INFECTION.

THE SECOND REASON IS QUITE PROSAC AND IT'S HYGIENE/CLEANLINESS. LET HIM CAST THE FIRST STONE WHO HAS NEVER PISSSED ON THE SEAT (NOT THAT IT NEVER HAPPENS TO GIRLS, BUT MUCH LESS OFTEN). THERE'S NO SPLASHING, NO STRUGGLING WITH A SPLIT STREAM, AND SITTING DOWN HELPS AVOID THESE EXTRA PROBLEMS IN THE MORNING WHEN YOU HAVE TO HOLD IT MORE FIRMLY. USING THE "FEMALE" METHOD REMOVES THIS PROBLEM.

GET PLENTY OF MY ZINES  
TOTALLY FOR FREE!



# PISS SEATED

A ZINE FOR BOYS,  
GUYS, MEN.

GODAI

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IN A WORD – SIT DOWN. OF COURSE, NOT NECESSARILY IN A CLUB DURING A NIGHT OUT PARTY OR AT A SUBWAY STATION, BECAUSE THE CONDITIONS AREN'T CONDUCIVE. BUT IF YOU'RE AT HOME, OR AT LEAST IN SOME CIVILIZED PLACE – DO YOURSELF A FAVOR AND SIT DOWN.

IT'S EASIER FOR OLDER MEN TO SIT DOWN BECAUSE, AS WE KNOW, THEIR LEGS AREN'T WHAT THEY USED TO BE, AND THEIR KNEES ARE EITHER "GOOD" OR "THAT SHIT". THIS IS ALSO VERY BENEFICIAL FOR MEN WHO HAVE PROSTATE ISSUES UNDEALT WITH.

STUDIES CONDUCTED BY LEIDEN UNIVERSITY MEDICAL CENTER IN 2014, WHICH ARE QUITE OLD NOW, INDICATE THAT MEN WHO PISS SITTING DOWN EMPTY THEIR BLADDERS FASTER AND MORE THOROUGHLY. IN THIS POSITION, THE PELVIC MUSCLES ARE RELAXED, MAKING BLADDER EMPTYING EASIER AND MORE EFFECTIVE.

APPARENTLY, THERE ARE TWO KEY REASONS TO USE THE METHOD PROVEN BY GIRLS. THE FIRST ONE IS BASICALLY MEDICAL.

FROM THE EARLIEST AGE, EVERYONE KNOWS THAT GIRLS PISS SITTING DOWN AND BOYS PISS STANDING UP. ESPECIALLY ONCE BOYS LEARN NOT TO PULL THEIR UNDERWEAR DOWN TO THEIR KNEES, THIS HABIT STAYS WITH THEM UNTIL OLD AGE.

HOWEVER, IT TURNS OUT THAT ALTHOUGH PISSING STANDING UP HAS SEVERAL ADVANTAGES, THE POPULARITY OF PEISSING SITTING DOWN AMONG MEN VARIES DEPENDING ON THE CULTURAL BACKGROUND. AND IT HAS NOTHING TO DO WITH POLITICS, FLAGS, JUNE, OR OTHER MATTERS.

RESEARCH CONDUCTED SOME TIME AGO BY YOU.GOV INDICATES THAT ONLY 9% OF BRITISH MEN PEE SITTING DOWN. OTHER SOURCES SAY THAT ONE IN TEN POLISH MEN SITS DOWN TO PEE. MEANWHILE, 40% OF GERMANS DO IT THIS WAY, AND AS MANY AS 7 OUT OF 10 JAPANESE MEN HIT THE CAN WITHOUT BOTHERING WITH THE VERTICAL POSITION.